

April 2014

## Reference list on Deliberate Practice

For background, see the blog post [Learning "in the wild"](#)

**Note: This brief article has a list of 6 popular books on the subject.**

Schwartz, Tony [Six Keys to Being Excellent at Anything](#) Harvard Business Review Blog Network, August 24, 2010 [HBR Blog August 2010](#)

Baer, Drake [Why "Deliberate Practice" is The Only Way to Keep Getting Better](#) Fast Company October 2013 [Fast Company Oct 2013](#)

Day, David V. [The Difficulties of Learning from Experience and the Need for Deliberate Practice](#) Industrial and Organizational Psychology, **3** (2010), 41–44.

Day, D.V., Harrison, M.M., Halpin, S.M. [An Integrative Approach to Leader Development: connecting adult development, identity and expertise](#) Routledge, 2009

Dubner, Stephen J., Levitt, Steven D. [A Star is Made](#) in the column Freakonomics, New York Times Magazine, May 7, 2006 [NY Times Magazine May 2006](#)

Ericsson, K. Anders [The Influence of Experience and Deliberate Practice on the Development of Superior Expert Performance](#) in Ericsson et al *The Cambridge Handbook of Expertise and Expert Performance* Chapter 38, pages 685 – 705, Cambridge University Press, 2006

Ericsson, K. Anders, Krampe, Ralf Th., Tesch-Romer, Clemens [The Role of Deliberate Practice in the Acquisition of Expert Performance](#) Psychological Review Vol. 100, No. 3, 363-406, 1993

Yost, Paul R., Plunkett, Mary Mannion [Real Time Leadership Development](#) Wiley-Blackwell, 2009

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